

APRIL 2018

	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8:30 Water Aerobics-Free 3:45-5:45 Kids Group Swim Lessons w/Kathy	3 8:30DeepWater Aerobics 10:15 SilverSneakers® Classic Class 4pm-5pm Water Aerobics- Free w/Kim	4 8:30 Water Aerobics-Free 9am Yoga w/Hailey-Free 3:15-4:45 Kids Group Swim, Lessons w/Kathy CCC BALLOTS DUE 7pm CCC Corp Meeting	5 10:15 SilverSneakers® Classic Cladss 3:15-4:45 Line Dance w/Kathy 4pm-5pm Water Aerobics- Free w/Kim 6:30pm Pool Players	6 8:30 WaterAerobics-Free 4pm-7pm KATHY'S Farewell PARTY!!! Bring appetizer to share. BYOB. Cake, coffee provided.	7 10:15-1: Kids Group Swim Lessons w/Kathy
8	9 8:30 Water Aerobics-Free 3:45-5:45 Swim Lessons Kids Group Swim Lessons w/Kathy	10 8:30 Regular Water Aerobics 10:15 SilverSneakers® Classic Class 4pm-5pm Water Aerobics- Free-w/Kim 4pm-5pm SilverSplash® Water Aerobics- FREE to SilverSneakers/Silver & Fit AND Clubhouse Members 4pm Covenants Mtg/Loft	11 8:30 Water Aerobics-Free 9am Yoga w/Hailey-Free 9am Clubhouse Comm. Mtg/Loft 3:15-5:30 Swim Lessons w/Kathy	12 10:15 SilverSneakers® Classic Class NO Line Dance today. Free class next week 4pm-5pm Water Aerobics- Free-w/Kim 4pm-5pm SilverSplash® Water Aerobics- FREE to SilverSneakers/Silver & Fit AND Clubhouse Members 4pm Corp Mtg/Loft 6:30pm Pool Players	13 8:30 WaterAerobics-Free 5:30 TGIF – Free to Clubhouse Members No sign-up	14
15 12pm Gentle YOGA w/SARAH New Class-Free	16 7am Sunrise YOGA w/SUE New Class! 8:30 Water Aerobics-Free 10am Clubhouse Fun Brunch!! Meet ALL the Class Instructors! Bring Breakfast items, Coffee & Juice provided.	17 8:30 Regular Water Aerobics 10:15 SilverSneakers® Classic Class 4pm-5pm Water Aerobics- Free w/Kim 4pm-5pm SilverSplash® Water Aerobics- FREE to SilverSneakers/Silver & Fit AND Clubhouse Members	18 7am Sunrise YOGA w/SUE New Class! 8:30 Water Aerobics-Free 9am Yoga w/Hailey-Free 5pm GentleYOGA w/SARAH New Class-Free	19 10:15 SilverSneakers® Classic Class 3:15-4:45 Line Dance w/SARAH FREE Today 4pm-5pm Water Aerobics- Free w/Kim 4pm-5pm SilverSplash® Water Aerobics- FREE to SilverSneakers/Silver & Fit AND Clubhouse Members 6:30pm Pool Players	20 8:30 Water Aerobics-Free NEWSLETTER DEADLINE	21
22 12pm Gentle YOGA w/SARAH New Class-Free	23 7am Sunrise YOGA w/SUE New Class! 8:30 Water Aerobics-Free	24 8:30 Regular Water Aerobics 10:15 SilverSneakers® Classic Class 4pm-5pm Water Aerobics- Free w/Kim 4pm-5pm SilverSplash® Water Aerobics- FREE to SilverSneakers/Silver & Fit AND Clubhouse Members	25 7am Sunrise YOGA w/SUE New Class! 8:30 Water Aerobics-Free 9am Yoga w/Hailey-Free 5pm Gentle YOGA w/SARAH New Class-Free	26 10:15 SilverSneakers® Classic Class 3:15-4:45 Line Dance w/SARAH 4pm-5pm Water Aerobics- Free w/Kim 4pm-5pm SilverSplash® Water Aerobics- FREE to SilverSneakers/Silver & Fit AND Clubhouse Members 6:30pm Pool Players	27 8:30 Water Aerobics-Free 5:30pm to 7:30pm Family Swim Night. Open house for Non- Members. \$5 per person	28
29 12pm YOGAw/SARAH New Class- Free	30 7am Sunrise YOGA w/SUE New Class 8:30 Water Aerobics-Free					

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